

LIFE COLLEGE

CARING HEALTH CENTER



Class Information:

Life College is a group that teaches skills for recovery and relapse prevention.

Share recovery insights and learn new strategies for your recovery journey in a safe space.

**BEGIN YOUR
RECOVERY
TODAY!**

WEDNESDAYS:

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11:00 AM - 12:00 PM
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Behavioral Health Department
Suite 139
1049 Main Street
Springfield, MA

Spanish translation services available.

To learn more, call: 413-739-1100 ext. 2522